

HOPE

“Hope

Hope is the theological virtue by which we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit. ‘Let us hold fast the confession of our hope without wavering, for he who promised is faithful.’⁸⁴ ‘The Holy Spirit . . . he poured out upon us richly through Jesus Christ our Savior, so that we might be justified by his grace and become heirs in hope of eternal life.’⁸⁵ *Catechism of the Catholic Church (CCC) 1817*

“The virtue of hope responds to the aspiration to happiness which God has placed in the heart of every man; it takes up the hopes that inspire men's activities and purifies them so as to order them to the Kingdom of heaven; it keeps man from discouragement; it sustains him during times of abandonment; it opens up his heart in expectation of eternal beatitude. Buoyed up by hope, he is preserved from selfishness and led to the happiness that flows from charity.” *CCC 1818*

⁸⁴ Heb 10:23.

⁸⁵ Titus 3:6-7.

“When God reveals Himself and calls him, man cannot fully respond to the divine love by his own powers. He must hope that God will give him the capacity to love Him in return and to act in conformity with the commandments of charity. Hope is the confident expectation of divine blessing and the beatific vision of God; it is also the fear of offending God's love and of incurring punishment.” *CCC 2090*

“The first commandment is also concerned with sins against hope, namely, despair and presumption:

By *despair*, man ceases to hope for his personal salvation from God, for help in attaining it or for the forgiveness of his sins. Despair is contrary to God's goodness, to his justice - for the Lord is faithful to his promises - and to his mercy.” *CCC 2091*

“There are two kinds of *presumption*. Either man presumes upon his own capacities, (hoping to be able to save himself without help from on high), or he presumes upon God's almighty power or his mercy (hoping to obtain his forgiveness without conversion and glory without merit).” *CCC 2092*

What Did You Learn About Hope?

for younger saints

1. Hope helps us
 - a. resist sin
 - b. look forward to heaven
 - c. trust in God's plan for us
2. We first receive the gift of hope at
 - a. Baptism
 - b. Confirmation
 - c. Communion
3. God wants everyone to be saved.
true false
4. We should pray for people who do not know Jesus.
true false
5. Our prayers cannot help people who have already died.
true false
6. We can lose our hope if we refuse to let God help us.
true false
7. Hope helps us trust God even if bad things happen.
true false
8. God only works for good in our lives when we ask Him.
true false
9. Recite your memory verse.

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Quiz Answers

1. Hope helps us
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true false
7. Hope helps us trust God even if bad things happen.
true false
8. God only works for good in our lives when we ask Him.
true false
9. Recite your memory verse.
"You are my hope, Lord; my trust, God, from my youth." Psalm 71:5

What Did You Learn About Hope?

for older saints

1. The three theological virtues are
 - a. the Father, Son, and Holy Spirit
 - b. heaven, hell, and purgatory
 - c. faith, hope, and charity
2. Presumption means
 - a. thinking God is too nice to really let anyone go to hell
 - b. thinking I can get to heaven just because I am a good person
 - c. thinking about being in heaven someday
3. Hope helps us
 - a. resist sin
 - b. look forward to heaven
 - c. trust in God's plan for us
4. Hope helps Christians handle the trials of life.
true false
5. We should pray for people who reject Jesus.
true false
6. Despair is refusing to trust in God's help.
true false
7. God only works for good in our lives when we ask Him.
true false
8. Recite your memory prayer.

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- true false
5. We should pray for people who reject Jesus.
- true false
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- true false
7. God only works for good in our lives when we ask Him.
- true false

8. Recite your memory prayer.

Act of Hope O my God, relying on Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.